

ZENYTH®
PREMIUM NATURAL PRODUCTS

ColonHelp

Colon cleanser and detoxifier

A product for health and beauty!



No. 1 colon hygiene product!

Recommended for:

- ✓ Detoxification
- ✓ Slow bowel transit
- ✓ Intestinal flora balance
- ✓ Cholesterol and blood sugar (kept within normal limits)



Packaging: Jar of 240 g / 480 g

ColonHelp is a high fibre food supplement, containing no preservatives or other food additives!

Colon cleansing - Challenge Today

Feeling tired all the time? Your office job constrains you to a sedentary type of life? Do you have weight problems? Do you experience frequent intestinal transit problems and bloating? Your hair and skin have lost their brightness?

Do not search for solutions or answers elsewhere! You have reached the right place! ColonHelp is the solution to all these problems!

Colon detox – the first step to a healthy life!

We often pay a high price for the coziness of the comfortable modern lifestyle: our health. Lack of physical activity, always eating in a hurry, choosing the wrong type of food... Most of the time, our meals consist of highly processed food, ignoring rich fiber foods like fruits, vegetables, and integral cereals. ColonHelp naturally fills in the deficiencies of low fiber modern food. Without fiber and water, the toxins and metabolic residues in the colon cannot be evacuated. In exchange, they are being subjected to a long process of fermentation and decomposition and during that they are partially reabsorbed and recirculate. Unfortunately, we are unaware of how important the health of our intestines is. We ignore again and again the signals our intoxicated colon sends: bloating, cramps, constipation, headaches, dull hair and skin, tiredness, overweight...

Did you know that you can see an up to 80% improvement of your health and general well being doing a detox diet? It is not at all an exaggeration! Imagine that a detox diet improves the activity of the entire body by helping it to discharge the toxins. By undergoing a seasonal detox diet, you may see substantial improvements in disturbing conditions like:

- Digestive problems (slow bowel transit, constipation, bloating and gases, irritable bowel syndrome, gastro-esophageal reflux disease, hemorrhoids, intestinal parasites);
- Hepatic-biliary diseases;
- Increased cholesterol;
- Hyperglycemia;
- Overweight;
- Hemicranias;
- Chronic fatigue syndrome;
- Low immunity;
- Skin diseases (acne, furuncle, eczemas).

You need detox if:

- You have a low fiber intake (fruit, vegetables, whole-grain cereals). On the other side, you overindulge yourself in fine foods, intensely processed, E added, more or less toxic.
- You drink too much coffee or alcohol.
- You drink less than 2 liters of water per day.
- You almost never exercise outside!
- You abuse of medicines, especially antibiotics.
- You are stressed almost all the time.
- You live in a polluted environment.

Due to unhealthy diet, the modern man intake of food additives is 2-3 kilograms per year: chemical pigments, emulsifiers, taste potentiators, stabilizers and preservatives. As if it were not enough, most of the food contains residues of pesticides, herbicides, nitrates and other carcinogen substances. Cosmetics (body lotions, deodorants, shampoos) add another 2-3 kilograms of toxins to the body toxic burden. Moreover, the water, the air, the soil are polluted with solvents, exhaust gases, dioxins, heavy metals, volatile substances etc.

Under these circumstances, the body detoxification becomes a MUST. The first and most important step is colon cleansing.

The colon, friend or enemy?

In order not to become the the “waste disposal” of the body , the colon needs a certain amount of fiber each day. The lack of the right amount of fiber makes it impossible for the colon to evacuate the residues in time so they do not ferment and enter a process of putrefaction. If not eliminated quickly, the toxins may irritate the intestines or they may be even reabsorbed and recirculated, intoxicating the entire body. This process, called autointoxication, may be the primay cause of toxic overload on the liver. In time, autointoxication weakens immunity and allows different chronic or acute diseases to install.

This is the reason why, regardless of affection, colon is the first organ that requires help, given the fact that 70%-80% of the body`s immunity depends on its effectiveness.

Detox is not a fashion, but a lifestyle

A detod diet does not mean that you need a long list of pills or a strict food plan. Detox is a new lifestyle, the best way for you to give up on refined food, low in fiber and filled with Es, and start eating whole-grain cereals, rich in fiber, vitamins and minerals, drinking at least 2 liters of water per day and exercising more.

To make sure that you get the necessary amount of fiber each day, chose ColonHelp, 100% natural colon cleanser and detoxifier, based on flax seeds and psyllium husks!

The colon is the king of all organs, since the well being of the entire body depends on its heath. Take the first step to a healthier lifestyle! Start a detox diet right now!

ColonHelp – more than fibres

What is ColonHelp?

ColonHelp is a dietary supplement containing fibres and detoxifying herbs, rich in omega 3, which is used to regulate intestinal transit and remove toxins from the body.

The modern diet includes a very low amount of fibres, which is quite a risk for your health. Although the daily necessary amount of fibres recommended is 24-35 g, the eating habits of many people only bring it up to 10-15 g. ColonHelp helps you include those highly praised and beneficial soluble and insoluble fibres in your diet. Imagine – a spoonful of ColonHelp provides 4.32 g of fibres!

100% natural

Does not contain preservatives, artificial food colourings or any other additives!

ColonHelp is especially designed to help discharge the hardened mucoid plaque, restore the colon flora's healthy bacteria environment and thus enhance the proper functioning of the immune system.

Nutritional information

Nutrition facts	Per serving (8 g)	Per 100 g product
Calories	40 kcal	500 Kcal
Total lipids	1,69 g	21,15g
- Omega 3	0,88 g	11 g
Proteins	1,188 g	14,86 g
Carbohydrates	0,53 g	6,64 g
Sodium	0,0048 g	0,06 g
Total fibers	4,32 g	54 g
Soluble fibers	2,18 g	27,25 g
Insoluble fibers	2,14 g	26,75 g

Colon Help does not contain genetically modified organisms.

Omega 3 for your heart!

An additional reason why ColonHelp is not simply a fibre supplement is its rich content of omega 3.

1.600mg is the omega 3 quantity provided daily by a ColonHelp serving, which is 3 – 4 times more than common dietary supplements containing omega 3. Just imagine – 1.600mg of omega 3 each day, during one whole month! If you were to take some common dietary supplements, you would have take 3 – 4 pills each day, not to mention the extra costs!

Omega 3 fatty acids from the most famous vegetable source, that is flax seeds, are healthy fats with a proven and tested cardioprotective and cholesterol lowering effect. They help keep the elasticity of blood vessels, thus preventing atherosclerosis and fluctuations of the arterial pressure.

A 100% natural product that regulates bowel movements

ColonHelp is a natural product that has a gentle effect and is not aggressive to the intestinal walls. You do not have to rush immediately to the toilet and you are not forced to stay around a toilet all day long. The bowel movements become normal (1-2 stools a day) at more or less the same hours, which, according to doctors, is how it should be for optimal general well-being. Due to the natural oils from the flax seeds, ColonHelp has a lubricating effect on the mucosa of the colon walls.

Safe and effective! Does not include senna or alder buckthorn!

ColonHelp does not contain alder buckthorn, senna, aloe or any other laxative compounds that may be addictive and irritating for your colon! That is why ColonHelp may be used over the long-term, without risks, even for over 3 months which is the customary length of a complete ColonHelp detox cure!

10 reasons you need ColonHelp!

1. ColonHelp eliminates toxins from the colon!

Like a waste discharge pipe, the colon is the key organ by which we eliminate toxins from our body. The cleaner this organ of our body is, the better for our body. ColonHelp cleanses the colon and keeps it clean if we maintain a healthy diet. ColonHelp fibres prevent body self-intoxication – it gathers the toxins and eliminates them before being used again by the body.

2. ColonHelp alleviates the transit and eliminates constipation

Slow transit? Constipation? Try ColonHelp fibres! Once in the body, ColonHelp fibres are swollen with water, they absorb toxic elements, stimulate the peristalsis and ease the bowel transit. If you suffer from constipation, you have probably already tried the most sophisticated methods – from wheat shorts to laxatives, from alder buckthorn tea to enemas... but although the results were effective on the spot, the constipation came back! ColonHelp stands above all other colon cleansers or laxatives! ColonHelp does not create dependence, since it does not contain alder buckthorn, senna or other purgative – laxative plants that may create dependence!

3. ColonHelp reduces bloating and gastric reflow!

Did you know that the food rich in sugars may determine, by means of fermentation, great quantities of gases that accumulate in the small intestine and colon, creating pressure over the abdominal wall and causing bloating? Did you know that fruit immediately consumed after a meal based upon meat lead to bloating due because the fermentation period of the meat is much greater than the fermentation period of the fruit? ColonHelp regulates digestion and you will get rid of bloating due to the fennel! Administered in a three month cure, ColonHelp will improve the functioning of the entire body by eliminating the toxins, it will reduce the gastric reflow and contribute to the disappearance of bloating.

4. ColonHelp helps you to burn fat and lose weight!

ColonHelp fibres resemble a vegetal gastric bubble. Under the action of water, the fibres increase their volume in the stomach. Thus, they considerably reduce the stomach capacity, creating satiability and reducing appetite. A detoxification cure with ColonHelp helps you lose up to 5-6 kg in a healthy manner, without starving and without harming the body!

The fibres' activity does not end here! The soluble fibres of ColonHelp reduce the absorption of fats into the bowels, so that everything you eat will be greatly degreased. This happens while insoluble fibres accelerate bowel transit and the metabolism. Individuals who tend to be fatter have a lazier metabolism. By acceleration of the transit, the nutrients' absorption time is significantly reduced, as well as the meal's caloric load.

5. ColonHelp contributes to a reduction in the cholesterol level

Psyllium husks and flax seeds are the basic ingredients in ColonHelp. Due to psyllium, ColonHelp has the capacity to bind and eliminate the food's cholesterol from the bowel, which is normally absorbed into the blood flow. Besides flax seeds, ColonHelp contains approximately 800 mg omega 3 in an 8 gram spoonful, equivalent to one to two regular capsules of omega 3. Omega 3 acids, which are found in the flax, are healthy fats with a demonstrated cardio-protective effect, helping to decrease the cholesterol level. People who took a complete cure of ColonHelp observed a reduction of the cholesterol level by 7%-10%.

6. ColonHelp helps glycaemia regulation

ColonHelp may be used as an adjuvant in treating diabetes. ColonHelp fibres impede the fast passage of glucoses from the digestive tract into the blood, playing an important role in regulating glycaemia. Supplementing the diet with fibres, especially psyllium fibres, reduces the absorption of post-prandial glucose into the intestines. Glucose absorption in the case of a diet rich in fibres is increased, since the fibres impede the fast passage of glucose from the digestive tract into the blood.

7. ColonHelp alleviates irritable bowel syndrome

Most people diagnosed with irritable bowel syndrome are above 40, however, in the modern world, stress and unhealthy diets are leading to a greater number of cases of irritable bowel syndrome in people in their 20s. Although it is not always paid a great deal of attention, irritable bowel syndrome is associated with a precarious state of health, which varies from weakness to depression. In certain periods, constipation may predominate (less than 3 stools per week), in other periods – diarrhoea (more than 3 watery and soft stools a day). ColonHelp is an excellent stool regulator. ColonHelp fibres activate in the case of constipation and diarrhoea, and helps to reduce bloating and gases.

8. ColonHelp helps to reduce or eliminates haemorrhoids

ColonHelp is recommended in the case of those requiring a soft stool, such as those suffering with haemorrhoids. In the case of small dimensioned haemorrhoids, the best solution is to avoid those conditions that favour the advent of complications – constipation. ColonHelp prevents constipation, it acts as a vacuum, gathering the remnants/waste deposited into the colon and transforming them into a soft and easy to eliminate mass.

9. ColonHelp helps to the elimination chronic fatigue and strengthens body immunity

You feel exhausted, you get angry very quickly and it is harder and harder for you to concentrate one thing. Headaches usually occur on a daily basis and insomnia appears every evening. What may be the cause of this? Fatigue! Did you know that the toxins that accumulate in our bodies, especially in the colon, are one of the most frequent causes of fatigue? Due to incomplete digestion or constipation, the toxins are no longer properly eliminated and they are activated again in the body.

The first organ which the toxins reach is the liver. If the liver is tired due to an unbalanced diet, stress or pollution, it allows the blood to be filled with untransformed substances, toxins and harmful bacteria that intoxicate the body. This selfintoxication phenomenon then occurs, natural oxidation processes from tissues are reduced and if tissues are not properly oxygenated, the body's vital energy starts to decrease, leading to fatigue, lack of energy and frequent hemicranias. ColonHelp, a colon cleanser and 100% natural detoxifier, eliminates the toxins meaning and the chronic fatigue will vanish!

10. Skin looks clearer and the eyes brighter!

Did you know that body intoxication leaves its mark, not only on the inside, but also on the outside? Have you ever thought that the toxins within the colon are the cause of an inflammable skin, lack of elasticity or broken hair that lacks brightness? A detoxification cure with ColonHelp is the ideal solution to recover the elasticity of your skin and the health of your hair! Fresh facial skin, without dark circles, and shiny hair – these are ColonHelp promises!

7 super-ingredients that act in synergy



ColonHelp has a special formula, carefully studied, made of 7 carefully chosen ingredients – fibres and detoxifying plants, which act synergistically for your health:

- **Flax seed** to stimulate digestion and waste drainage from your colon
- **Psyllium husks** to remove toxins and decrease cholesterol level
- **Parsley** to prevent water retentions into the tissues
- **Caraway** to eliminate intestinal gases
- **Oregano** – antibacterial action, antiseptic action
- **Coriander** to combat bloating
- **Clay** to bind toxins and to eliminate them

How does ColonHelp work ?

ColonHelp is a highly effective regulator of the bowel transit and detoxifier, indicated both in constipation and diarrhoea. Due to the oils contained from flax seeds, ColonHelp does not irritate the bowels and it has a lubricating effect on intestinal walls.

ColonHelp reduces or alleviates most digestive tract problems, such as: bloating, gastritis, incomplete digestion, gastric reflow, flatulence, cramps, parasitosis, dysbiosis, irritable bowel syndrome, intestinal colitis and haemorrhoids. Due to its fibres, ColonHelp reduces the hunger sensation and is thus a precious help in any weight loss diet.

ColonHelp helps reduce cholesterol and triglycerides levels, lowering the risk related to cardiovascular diseases. It is also useful in diabetes diets as ColonHelp regulates the process of intestinal glucose absorption.

In combination with yoghurt, ColonHelp aids in resettling the balance of intestinal flora and strengthens immunity. Due to this, the product is indicated in states of chronic fatigue.

While most fibre supplements only regulate transit and digestion, ColonHelp alleviates or reduces most of health problems specific to the modern lifestyle, often caused by the body's defective detoxification:

	Where does fiber act?	How does fiber act?	Benefits for health
<ul style="list-style-type: none"> • Slow bowel transit • Constipation • Bloating • Difficult digestion • Irritable bowel syndrome • Haemorrhoids • Fat liver • Increased cholesterol level • Hyperglycaemia • Overweight • Gastric reflow • Abdominal cramps • Parasitosis • Dysbiosis • Intestinal colitis • Low immunity • Allergies • Acne • Eczema • Psoriasis • Rheumatic diseases • Dark circles under eyes • Hemicranias • Chronic fatigue 	<p>Inside the stomach and small intestine</p> <p>Inside the colon</p>	<p>They give the sensation of satiety</p> <p>Lowers cholesterol and fats absorption</p> <p>Slows down sugar absorption</p> <p>Favours the multiplication of healthy intestinal flora</p> <p>Absorbs water, increases the consistence of the stool</p>	<p>Helps to lose weight</p> <p>Decreases blood cholesterol levels</p> <p>Maintains glycaemia within normal limits</p> <p>Strengthens the immunity system; helps it fight infections and chronic diseases</p> <p>Regulates bowel transit and prevents constipation</p>
<p>The recommended daily intake of fibre is 24-35 g. The modern diet ensures an amount of just 10-15 g. The dosing quantity that a ColonHelp dosing spoonful supplies to you is 4.32 g!</p>			

Nevertheless, ColonHelp is not only a dietary fibre supplement! Imagine that all these problems may be solved by a simple detox diet!

Cleansing the colon of waste and toxins restores the body's energy level, improving the functioning of all organs. In different guises, colon cleansing has been present throughout medical history: from antiquity, when herb mixtures were recommended in order to treat intestinal problems, through to the 15th century B.C. Egypt, when the papyrus mention colon hydrotherapy, to nowadays, when for colon cleansing we can choose from different saline solutions, enemas, hydro-colono – therapies or the administration of supplements containing fibres and detoxifying plants.

Method of administration

ColonHelp can be taken with natural yoghurt. If you fast or you cannot eat yoghurt, you can take ColonHelp with fruits, natural juices from fruits, stews or water.

Approximate amount of ColonHelp, depending on your weight:

- under 55 kg – 1 dosing spoon per day
- 55-80 kg – 1.5-2 dosing spoons per day
- 80-110 kg – 2-3 dosing spoons per day
- over 110 kg – dosing 3-4 spoons per day

Amount of ColonHelp depending on your age:

Usual doses

- Adults: 1-3 dosing spoons per day (8-24 g/day).
- Young people between 12-18 years: 1 dosing spoon per day.

Children under 12 years old do not need detoxification, but to adjust their lifestyle.

Recommendation!

Take this product with enough liquid according to the instructions for administration. Don't take the powder as such without mixing it with yoghurt or enough liquids as you can choke!

Don't neglect water intake during the cure: 1.5 – 2 litres per day! Fibres consumed without an enough water quantity may lead to constipation.

ColonHelp can be administered in 3 ways:

- a. in an intestinal cleansing and detoxification treatment;
- b. in a weight loss treatment;
- c. as a fiber supplement in diet.

A. Administration in the intestinal cleansing and detoxification cure

A complete intestinal cleaning and detoxification treatment with ColonHelp lasts 3 months. You can do 1-2 detoxification treatments per year, with breaks of 3 months between them. A second treatment can have a smaller duration or can be equal to the first, depending on the particularities of each person. Start taking ColonHelp with one dosing spoon (8 g) per day. After 3-4 days, increase the dose to 2-3 spoons. Don't exceed the dose of 4 spoons per day (32 g)!

Daily dosing: 2-3 spoonfuls (16 – 24 g)

If you don't drink enough water, the detoxification will not take place! If you don't drink enough water, ColonHelp loses its slightly laxative effects and can even cause constipation. Put a 2 litre bottle of water on your desk and drink during the day, even if you are not thirsty. You will gain a healthy habit which you should also keep to after the detoxification treatment. The fibres contained in ColonHelp need water in order to eliminate toxins from your body and to regulate intestinal transit.

If you suffer from diarrhoea, you can take ColonHelp as an adjuvant, limiting yourself to the quantity of liquids you usually drink.

IMPORTANT! 15-20 minutes after taking ColonHelp, you must drink a large glass of water (400-500 ml), but during the day you must be careful to reach 2 litres of water. Strictly adhere to the recommended water intake during the treatment. Gradually increase the water intake if you are not used to drinking 2 litres per day.

In the intestinal cleansing and detoxification cures, you need to take 2-3 spoons of ColonHelp daily, before and after meals. The first spoon will be administered in the morning, with a glass of yoghurt. The next spoons will be taken during the day. If in addition to detoxification you wish to lose weight, take ColonHelp before meals.

B. Administration in weight loss diets

In a weight loss diet, the ColonHelp product should be taken two times per day:

- in the morning, 20-30 minutes before breakfast or, even better, instead of it.
- in the evening, instead of dinner, with 3-4 hours before bedtime.

Daily dosing: 2-3 spoonfuls

If administered before meals, the fibres contained in the product can give a quick satiety sensation, favouring weight loss. The doses are the same as in the intestinal cleansing treatment, that is a dosing spoon in the first days of the treatment mixed with 200 ml of yoghurt, and afterwards, the dose will be gradually increased to 2-3 spoons. If combined with liquids, the fibres form a vegetal gastric bubble that helps you lose weight.

C. ColonHelp, administered as a fibre supplement in your diet

We recommend ColonHelp as a fibre supplement in your daily diet. As you know, processed food can be very poor in fibres and sometimes have negative effects on your health.

Daily dosing: 0.5 – 1 spoonful (4 – 8 g)

Other useful information

Precautions: Children under 12, pregnant or nursing women, people with serious illnesses, people with allergies to any of the ingredients, should seek medical advice before using this product.

ColonHelp can balance the dietary regime, but cannot replace a balanced diet. ColonHelp product is not a medicinal product and this is why it cannot replace medicines in chronic diseases. In case you experience side effects and you think these are related to this supplement, stop taking the product! Keep this product away from children! Danger of choking!

Guarantees

A safe product for your health

ColonHelp is the result of thorough studies, carried out over many years by Zenyth Pharmaceuticals' specialists, and thus they reached the most efficient detoxification formula for the human body, a natural solution for those who wish to take care of their own health.

A bottle of ColonHelp contains 480 g plant powder – 150% more than the dosage of other detoxification products. A bottle of ColonHelp is enough for a 30 day cure, if a daily dosage of 2 spoonfuls is used.

Storage conditions: The bottle is sealed. After opening, we recommend storing it in the refrigerator or away from light and moisture at a temperature not exceeding 22°C and a relative humidity of 75%.

Validity period: 12 months, complying with the above storage conditions. Date of manufacture and date of expiry are written on the bottle cap. The reduced validity period guarantees that you always consume a natural and fresh product. ColonHelp is registered and notified at the Institute of Bio Food Resources with Notification Certificate series AA and number 2815/2009.

ColonHelp is an original product pertaining to Zenyth Pharmaceuticals SRL, 50A Petru Rares Street, Bistrita locality, Alexandru cel Bun Commune, Neamt County, Romania,



Product manufactured in an Integrated system of food quality-security management (ISO9001: 2008, ISO22000: 2006), certified by the German authority TUV NORD.

“Bowel care is often the key to the state of health or disease of the person.”

Dr. Bernard Jensen

„The need to detoxify and cleanse the body has never been greater than right now. People are more toxic-ridden today than ever in known history.”

Dr. Bernard Jensen

Are you looking for a natural remedy for your health?

Start a detox cleansing programme now!

ColonHelp®

Intestinal cleanser and detoxifier



Effect
100% natural
guaranteed!

A product for health and beauty!

ColonHelp is a dietary fibre supplement, without any preservatives or other food additives!



What is ColonHelp?

ColonHelp is a detox and fibre dietary supplement high in natural Omega 3 which regulates intestinal transit and eliminates the decayed food residues accumulated in the intestines.

How does it work?

By its content high in soluble fibres, ColonHelp increases its volume several times by absorbing water and, like a soft sponge, **manages to humidify and remove**, layer by layer, **the toxic residues accumulated in the intestines and colonic folds.**



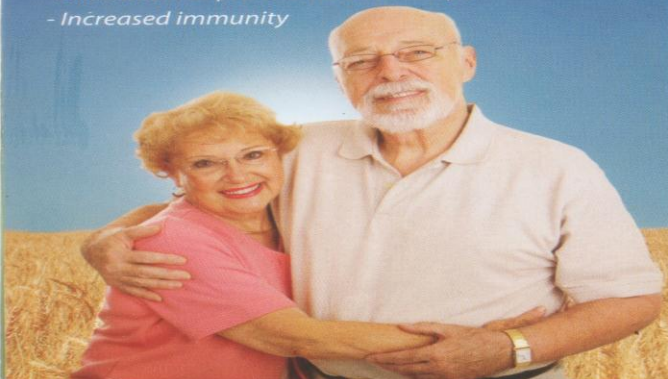
Product formula

ColonHelp contains a special fibre of psyllium, as well as flax seeds, caraway, coriander, parsley, oregano, clay, all in a special formula which works synergistically for the cleansing and detoxification of the whole body!

What are the benefits of the ColonHelp detox programme?

After a 3-month programme you may enjoy the following benefits for your health:

- Improved intestinal transit, at fixed hours
- Reduced bloating and gastric reflux
- 3-5 kg weight loss
- Improved glucose control
- Reduced cholesterol and triglycerides
- Improvement of irritable bowel symptoms
- Reduction or removal of hemorrhoids
- Better sleep and disappearance of chronic fatigue
- Improvement of forms of allergies or asthma
- Reduction in nervous disorders
- Alleviation of circulatory disorders
- Improvement of liver function
- Reduction in psoriasis symptoms
- Disappearance of joint pains
- Alleviation of pre-menstrual cramps
- Increased immunity



Is ColonHelp a product good for beauty too?

The answer is obviously YES!

After a full 3-month internal cleansing programme with ColonHelp, the ladies were delighted to find the following:

- + Firmer abdomen
- + Cleaner and more beautiful skin
- + Clearer, brighter eyes
- + Thicker, more vigorous and brighter hair
- + Alleviated body odour and perspiration

And, in addition, they mentioned a deserved state of wellness...



How can ColonHelp be taken?

1. Detox and intestinal cleansing programme

A full programme takes 3 months and can be followed once or twice a year. Throughout the programme, take 2 teaspoonfuls (16g) daily, separately (in the morning and in the evening) or together (in the morning). Persons who suffer from severe constipation can take maximum 3 teaspoonfuls separately! For maximum effects, we recommend you to take ColonHelp with natural yoghurt. After taking it, drink 1-2 large glasses of water (400 ml). Important: throughout the detox programme, drink 1,5-2 litres of water every day!

2. Weight Loss Diet

When you are on a diet please follow the instructions above about taking the product with yoghurt and water consumption. Unlike the detox programme, for weight loss take 1 teaspoonful (8g) 20-30 minutes before the main meals.

3. Fibre dietary supplement

When taking the product for long-term a smaller dose is recommended: 1 teaspoonful (8g) daily. Please follow the instructions above about water consumption!



ColonHelp, your ally in weight loss diets!

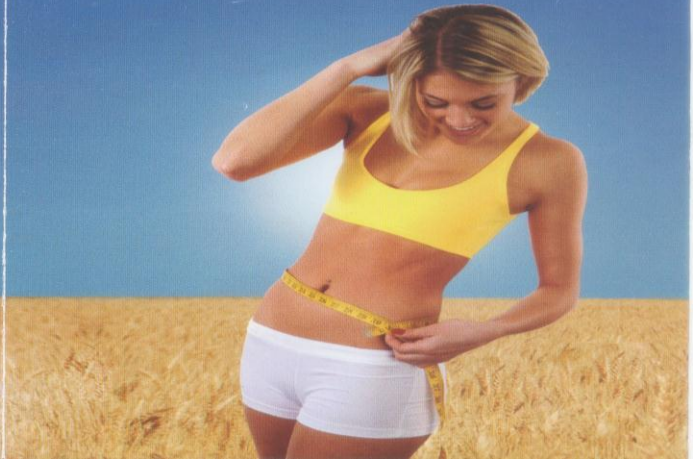
Under the action of water, the fibres in ColonHelp increase their volume several times in the stomach and form a small vegetal gastric balloon. If taken before meals, the fibres reduce the capacity of the stomach considerably, create a sensation of satiety and decrease the appetite!

Soluble fibres - the enemy of fats!

Unlike insoluble fibres which accelerate transit, soluble fibres have a great affinity towards fats, bind to them and drain them out without being absorbed. Practically, all you eat will be degraded to a lesser or greater extent.

Insoluble fibres accelerate intestinal transit!

Persons who tend to gain weight have a slower metabolism. By accelerating transit, the absorption time of nutrients will be considerably decreased and the caloric intake of the meals will be reduced.



Why is intestinal cleaning necessary?

The colon is one of the main ways of evacuation of toxins from the body. Because of the modern man's unhealthy foods (low in fibres and high in herbicides, pesticides, hormones, antibiotics, additives and other chemicals), inadequate water consumption, stress, lack of exercise, effect of drugs, the colon often cannot perform its function of toxin removal properly.

Failure to eliminate toxins promptly not only affects the intestines, but also causes self-intoxication of the whole body, by recirculating the toxins that have not been discharged on time.

Not accidentally, in most cases, colon cancer occurs in the terminal section of the colon, in the rectum and sigmoid, right where the residues that have not been eliminated on time have the highest toxic effect.

Colon cleansing is one of the best methods of body detoxification.

If you suffer only from constipation or other conditions, which apparently are not related to the colon function, intestinal detoxification will certainly improve the condition of the whole body, with beneficial results on your health!



How to order the product?

ColonHelp may be ordered via the Internet (email: sales@zenyth.ro), on the phone or may be purchased in pharmacies and herbal stores. A full detox programme takes three months, a ColonHelp box contains 480g of herbal powder and is sufficient for one month.

Recommended method of administration
See details inside leaflet

ColonHelp
teaspoonful (8g)

+ 200ml
natural
yoghurt

+ 1 glass
of water
250ml

A healthy product
for you or
your loved ones!

=
Your portion
of health!

Quantity: 480g!

150%-400% as compared
to other products!

ColonHelp®

Call now!

Customer Hotline
+4021.3.000.000
*standard call rate

Or order on the Internet:

www.colonhelp.com

Request the product in pharmacies and herbal stores!

